

Twelve Western Astrology (Zodiac) Signs

Cancer (Ram) the Crab:

June 22 to July 23

Ruler: Moon **Element:** Water **Quality:** Cardinal
Cancer is the Fourth Sign of the Occidental Zodiac.

Positive Traits: *Caring, Caution, Imagination, Insight, Affection, Tenacity*

Short Comings: *Hypersensitivity, Possessiveness, Moodiness, Irritability, Avarice, Despondency*

Cancer people love their freedom and achieve this quest with courage and a pioneering way of life. Cancer has so much energy that it obliges them to learn and practice the Microcosmic Orbit so that they may continue in a healthy way. Because Cancer people are so given to extremes in the emotional department they simply are required to do the Six Healing Sounds. These precious movements, sounds and meditations are just what the doctor ordered to aid Cancer people to let go of what needs to be let go of. These meditations should come naturally to Cancer because of their ease of going deep inside to contemplate. The Universal Healing Taos active meditations will be a natural outgrowth of contemplation. The Cancer personality is full of compassion when its lineup of virtues is shining. Cancer people are family people and indeed family life is perhaps highest on their list of priorities. They are at their most comfortable snug in the family and friendship circles. They are great learners and when they've decided on a course of acquiring new knowledge they are successful. Cancer people are clever and have good instincts; they are imaginative and capable but know when to ask for aid. They are adventurers however their exploits are well thought out in advance so that risks are minimized whether the adventure is an overnight mountain trek or a financial undertaking. Because of their contradictory natures Cancer people may be found at one end of the spectrum or the other; for example, they can be extremely dependent on others or independent in the extreme. Cancer has to have family and friends around who truly need him or her. They have a tendency to take things too personally and are prone to moan and complain about real or imagined slights. This gives rise to a morbid dwelling on the past. The Crab is an apt animal for Cancer: one may emerge from the shell or hide within. One may be grabby and crabby or generous and in good humor. It's a personal choice. Cancer colors are violet and blue.

