

Twelve Western Astrology (Zodiac) Signs

Aries (Dragon) the Ram:

March 21 to April 20

Ruler: Mars **Element:** Fire **Quality:** Cardinal
Aries is the **First Sign** of the **Occidental Zodiac**.

Positive Traits: Drive, Enterprise, Heartiness, Courage, Talent, Affability
Short Comings : Sanctimony, Naiveté, Excess. Ostentation, Willfulness

Aries people are seen as rebels, independent mavericks who do not take orders well. Aries want to give orders not take them. Aries will fight at the drop of a hat and are not easily beaten. They are known to lie and oh what a tangled web we weave when at first we do deceive. Aries is often caught in that web because Aries is not well skilled at lying. They are not so tactful at times but even so Aries people are not out to injure anyone on purpose. Aries people are vigorous and exciting leaders inspiring their followers with novel ideas. Aries enthusiasm fires these inspirations with a positive outlook and expectations of success. Aries is quick to anger and can get bogged down in a destructive brooding moodiness. The Inner Smile Meditation and Six Healing Sounds were tailor made for these negative tendencies. Aries people feel the results of these practices almost immediately and they are rapidly back on their game. Moving Iron Shirt Chi Kung known as Tai Chi can benefit Aries people immensely. The centered breaths and movements help to control Aries inner fire and fiery outward nature. The important challenge for Aries will be to follow Tai Chi's precise instructions and movements. Another plus in doing Tai Chi is that Aries must complete the pattern of movements and not quit suddenly and jump into some other activity. Aries knows the value of money but its usually burning a hole in Aries pocket. Aries people have such a sense of pride that they abhor being beholden to others and so pay their own way and repay debts as timely as can be. Aries are helpful when a friend is in need and expect to be thanked and recognized for the good work. Aries people can be inspiring speakers but sometimes overpowering other voices. Aries people are usually well liked by others although their bluntness can put the recipient off. Aries people are quite respectful of their elders and make frequent visits to their parents. The Aries color is red.

