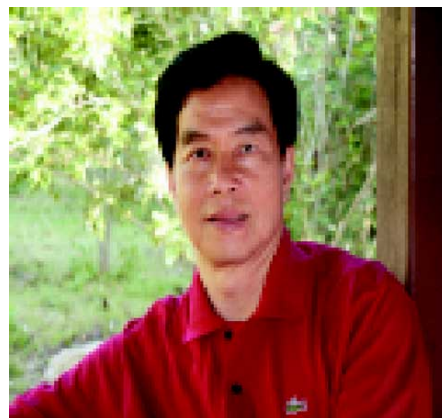


# *About the Authors*

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## **Master Mantak Chia**

Master Mantak Chia is the creator of the Universal Healing Tao System and is the director of the Universal Healing Tao Center and Tao Garden Health Spa & Resort and Training Center in the beautiful northern countryside of Thailand. Since childhood he has been studying the Taoist approach to life. His mastery of this ancient knowledge, enhanced by his study of other disciplines, has resulted in the development of the Universal Healing Tao System which is now being taught throughout the world.



Mantak Chia was born in Thailand to Chinese parents in 1944. When he was six years old, Buddhist monks taught him how to sit and “still the mind.” While still a grammar school student, he learned traditional Thai boxing. He was then taught Tai Chi Chuan by Master Lu, who soon introduced him to Aikido, Yoga and broader levels of Tai Chi.

Years later, when he was a student in Hong Kong excelling in track and field events, a senior classmate named Cheng Sue-Sue introduced him to his first esoteric teacher and Taoist Master, Master Yi Eng (I Yun). At this point, Master Chia began his studies of the Taoist way of life in earnest. He learned how to circulate energy through the Microcosmic Orbit and, through the practice of Fusion of the Five Elements, how to open the other Six Special Channels. As he studied Inner Alchemy further, he learned the Enlightenment of the Kan and Li, Sealing of the Five Senses, Congress of Heaven and Earth and Reunion of Heaven and Man. It was Master Yi Eng who authorized Master Chia to teach and heal.

When Mantak Chia was in his early twenties he studied with Master Meugi in Singapore, who taught him Kundalini, Taoist Yoga and the Buddha Palm. He was soon able to clear blockages to the flow of energy within his own body. He learned to pass the life force energy through his hands also, so that he could heal Master Meugi's patients. He then learned Chi Nei Tsang from Dr. Mui Yimwattana in Thailand.

A while later, he studied with Master Cheng Yao-Lun who taught him the Shao-Lin Method of Internal Power. He learned the closely guarded secret of the organs, glands and bone marrow exercise known as Bone Marrow Nei Kung and the exercise known as Strengthening and Renewal of the Tendons. Master Cheng Yao-Lun's system combined Thai boxing and Kung Fu. Master Chia also studied at this time with Master Pan Yu, whose system combined Taoist, Buddhist and Zen teachings. Master Pan Yu also taught him about the exchange of Yin and Yang power between men and women, and how to develop the Steel Body.

To understand the mechanisms behind healing energy better, Master Chia studied Western anatomy and medical science for two years. While pursuing his studies, he managed the Westetner Company.

Using his knowledge of Taoism, combined with the other disciplines, Master Chia began teaching the Universal Healing Tao System. He eventually trained other Instructors to communicate this knowledge and he established the Natural Healing Center in Thailand. Five years later, he decided to move to New York, where in 1979, he opened the Universal Healing Tao Center. During his years in America, Master Chia continued his studies in the Wu system of Tai Chi with Edward Yee in New York.

Since then, Master Chia has taught tens of thousands of students throughout the world. He has trained and certified over 1,500 instructors and practitioners from all over the world. Universal Tao Centers, Chi Nei Tsang Institutes, Cosmic Healing Forums and Immortal Mountain Sanctuaries have opened in many locations in North America, Europe, South America, Asia, Africa and Australia.

In 1994, Master Chia moved back to Thailand, where he had begun construction of Tao Garden, the Universal Tao Training Center in Chiang Mai.

Master Chia is a warm, friendly and helpful man who views himself primarily as a teacher. He presents the Universal Tao System in a straightforward and practical manner, while always expanding his knowledge and approach to teaching. He uses a word processor for writing and is totally at ease with the latest computer technology.

Master Chia estimates that it will take sixty books to convey the full Universal Healing Tao System. In June 1990, at a dinner in San Francisco, Master Chia was honored by the International Congress of Chinese Medicine and Qi Gong (Chi Kung), who named him the Chi Kung Master of the Year. He is the first recipient of this annual award.

In December 2000, the Tao Garden Health Resort and Universal Tao Training Center was completed with two Meditation Halls, two open air Simple Chi Kung Pavilions, indoor Tai Chi, Tao Tao Yin and Chi Nei Tsang Hall, Tai Chi Natural Swimming Pool, Pakua Center, Internal World Class Weight Lifting Hall and complete Eight Court Recreational Facilities. In February 2002, the Immortal Tao practices were held at Tao Garden for the first time, using the Dark Room technology and creating a complete environment for the higher level Taoist practices.

In September 2003 Master Chia opened the Tao Garden Holistic Medical Spa using Western and Eastern Technology with Traditional Thai Massage, India Aveda Therapies and Chinese Chi Nei Tsang Massage. The Spa is supervised by trained and certificated Medical Doctors, MDs with Holistic Degrees providing Colonic Therapy, Stem Cell Cancer Prevention and Natural Cancer Cure Treatments. In March 2004 the Complete Holistic Mind, Body and Spirit Training was introduced at Tao Garden. In July 2009 Master Chia introduced the Five Star Eight Forces Detox Spa with Saunas, Therapy Color Heated Pool, Jacuzzi, and Internal Massage Treatments. This was also introduced with Raw Food and Fasting Program with

Organic Juice Bar. In September 2010 the Universal Healing Tao Instructors celebrated thirty years of Master Chia's teaching with the Tao Congress at Tao Garden having over 200 instructors present for the celebration.

Master Mantak Chia has written and published these forty-six Universal Healing Tao books from 1983 to 2011 (28 years) with over total sales of 1,022,318 books as of 2010:

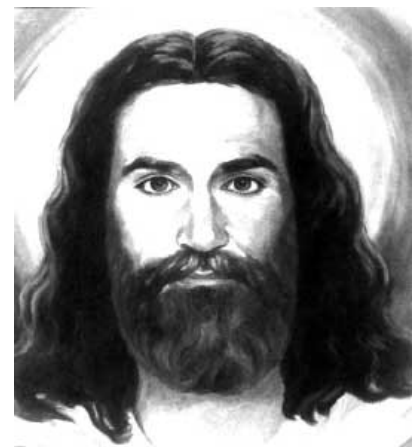
- ***Awaken Healing Energy of the Tao*** - 1983 (Over 101,408 Books Sold)
- ***Taoist Secrets of Love*** co-authored with Winn - 1984 (Over 193,352 Books Sold)
- ***Taoist Ways to Transform Stress into Vitality*** -1985 (Over 17,277 Books Sold)
- ***Chi Self-Massage: the Tao of Rejuvenation*** - 1986 (Over 20,009 Books Sold)
- ***Iron Shirt Chi Kung I*** - 1986 (Over 25,706 Books Sold)
- ***Healing Love Through the Tao*** - 1986 (Over 42,857 Books Sold)
- ***Bone Marrow Nei Kung*** - 1989 (Over 15,155 Books Sold)
- ***Fusion of the Five Elements I*** - 1990 (Over 15,241 Books Sold)
- ***Chi Nei Tsang: Internal Organ Chi Massage*** - 1990 (Over 16,781 Books Sold)
- ***Awaken Healing Light of the Tao*** - 1993 (Over 17,481 Books Sold)
- ***The Inner Structure of Tai Chi*** with Juan Li - 1996 (Over 15,891 Books Sold)
- ***Multi-Orgasmic Man*** co-authored with Abrams 1996 - published by Harper Collins (Over 185,178 Books Sold)
- ***Tao Yin (Energy Balance through the Tao)*** - 1999 (Over 10,315 Books Sold)
- ***Chi Nei Tsang II (Advanced Chi Nei Tsang)*** - 2000 (Over 3,141 Books Sold)
- ***Multi-Orgasmic Couple*** co-authored with Douglas Abrams 2000 - published by Harper Collins (Over 96,519 Books Sold)
- ***Cosmic Healing I (Taoist Cosmic Healing)*** - 2001 (Over 21,311 Books Sold)
- ***Cosmic Healing II (Taoist Astral Healing)*** co-authored with Dirk Oellibrandt - 2001 (Over 8,612 Books Sold)
- ***Door of All Wonders (Secret Teaching of the Tao Te Ching)*** co-authored with Tao Haung - 2001 (Over 15,891 Books Sold)
- ***Sexual Reflexology*** co-authored with W. U. Wei - 2002 (Over 45,891 Books Sold)
- ***Golden Elixir Chi Kung*** - 2002 (Over 6,412 Books Sold)
- ***Tan Tien Chi Kung*** - 2002 (Over 10,131 Books Sold)
- ***Cosmic Fusion*** - 2002 (Over 5,121 Books Sold)
- ***Karsai Nei Tsang*** - 2003 (Over 3,891 Books Sold)
- ***Cosmic Orbit (Alchemy Sexual Energy)*** - 2003 (Over 4,315 Books Sold)
- ***Lesser Kan & Li (Inner of the Tao)*** - 2004 (Over 4,930 Books Sold)
- ***Cosmic Inner Smile*** - 2004 (Over 3,843 Books Sold)
- ***Cosmic Healing Sounds*** - 2004 (Over 5,148 Books Sold)
- ***A Touch of Sex (Taoist Foreplay)*** co-authored with Kris Deva North - 2005 (Over 3,399 Books Sold)
- ***Fusion of the Eight Psychic Channels*** - 2005 (Over 3,888 Books Sold)
- ***Wisdom Chi Kung*** - 2005 (Over 3,999 Books Sold)

- **Multi-Orgasmic Woman** co-authored with R. Abrams 2005 - published by Rodale (Over 16,486 Books Sold)
- **Tendon Nei Kung** - 2006 (Over 4,189 Books Sold)
- **Living in the Tao** - co-authored with W. U. Wei - 2007 (Over 9,501 Books Sold)
- **Cosmic Vision** - co-authored with Bob Lewanski - 2007 (Over 3,545 Books Sold)
- **Universal World Link (Healing Energy of Shared Conscience)** - 2008 (Over 2,314 Books Sold)
- **Simple Chi Kung** - co-authored with Lee Holden - 2008 (Over 1,341 Books Sold)
- **Chi Cards - Book I** - co-authored with W. U. Wei - 2008 (Over 2,156 Books Sold)
- **Cosmic Comics** - 2009 (Over 1,921 Books Sold)
- **Emerald River** - co-authored with W. U. Wei - 2009 (Over 1,081 Books Sold)
- **Cosmic Cleansing (Cosmic Detox)** - co-authored with W. U. Wei - 2009 (Over 1,829 Books Sold)
- **Tai Chi Yang Style** - co-authored with Andrew Jan - 2010 (Over 1,311 Books Sold)
- **Emotional Wisdom** - co-authored with Dena Saxer - 2010 - published by New World Library (Over 5,611 Books Sold)
- **Taoist Medicine Wheel (Taoist Shaman)** - co-authored with Kris Deva-North - 2010 (Over 2,719 Books Sold)
- **Tai Chi Wu Style** - co-authored with Andrew Jan - 2011 (Over 1,231 Books Sold)
- **Inner Alchemy from the Stars** - co-authored with Christine Harkness-Giles- 2011 (Over 1,167 Books Sold)
- **Cosmic Nutrition** - co-authored with W. U. Wei - 2011 (Over 1,711 Books Sold)
- **Chi Nei Sinew** - co-authored with W. U. Wei - 2011 (Over 1,112 Books Sold)

Many of the books above are available in the following foreign languages editions are available from the Foreign Publishers <http://www.universal-tao.com/publishers/index.html>

## W. U. Wei

Born after World War I, growing up in the Midwest area of the United States, trained in Catholicism; this student of the Tao started studying under Master Mantak Chia in the early 1980s and in the later 1980s became a Senior Instructor of the Universal Healing Tao (specializing on one on one training over 500 students). In the early 1990s this Senior Instructor moved to Tao Garden, Thailand, and assisted Master Mantak Chia in building Tao Garden Taoist Training Center. For the next six years this student of the Tao travelled to over 30 countries teaching with Master Mantak



Chia and serving as Marketing and Construction Coordinator for the Tao Garden. Upon completion of Tao Garden in December 2000 he became Project Manager (Winter) for the all Universal Tao Publications and products (coordinating the completion of an additional 45 titles). With the purchase of a mountain having four waterfalls in Southern Oregon, USA (late 1990s) this practitioner is presently (Summer) completing a Taoist Mountain Sanctuary for personal cultivation, Higher Level practices and ascension. The co-author of ***“Living in the Tao”***, ***“Sexual Reflexology”***, and co-creator of the Universal Tao formula cards, “Chi Cards” (6 sets of over 240 formulas) in book form with Master Mantak Chia under the pen name the “The Professor - Master of Nothingness”, the Myth that takes the Mystery out of Mysticism. William U. Wei also known as Wei Tzu is a pen name for this instructor so the instructor can remain anonymous and can continue to become a blade of grass in a field of grass.